# MISSOURI DEPARTMENT OF MENTAL HEALTH (DMH) COMPREHENSIVE PSYCHIATRIC SERVICES (CPS) STATE ADVISORY COUNCIL (SAC) MEETING MINUTES March 23, 2006 Jefferson City, Missouri

**Members Present:** Donna Lay, Robert Qualls, Helen Minth, Vivian Russell, Karren Jones, Julie Ousley, Erica Stephens, Linda Clarke, Joanne Fulton, Geody Frazier, Karia Basta, Ruth Brandon, Susan Pijut (via teleconference)

**Members Absent:** Mariann Atwell, John Harper, Bobbie Meinershagen, Janet Munstermann, LuAnn Reese, Sarah Stanton, Suzanne Taggart, Ethel Wesson

Visitors: Kristen Heitkamp, Mary Lou Bussabarger

**DMH Staff:** Diane McFarland, Dora Cole, Beth Ewers-Strope, Mark Miller, Tony Menditto, Susan Blume, Vickie Epple,

SAC Staff: Rosie Anderson-Harper, Cindy Proctor

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
CALL TO ORDER	Donna Lay called the meeting of the CPS, SAC to order at 10:00 a.m. on Thursday, March 23, 2006. The meeting was held at DMH, Conference Room B, 1706 East Elm Street, Jefferson City, Missouri.	
INTRODUCTIONS	Welcome and introductions were facilitated by Donna Lay.  Rosie Anderson-Harper went over the contents of the SAC packet.	
MENTAL HEALTH AWARENCESS DAY (MHAD)	The finalized conference schedule will be printed and posted on the DMH and Project Life websites. Kristen Heitkamp will supply the signs for the different MHAD locations There will be fifteen exhibitors at the conference. SAC members will meet at DMH at 8:30 a.m. and will be transported by van to	

the Truman Building.

If you need hotel accommodations on April 4<sup>th</sup>, please contact Cindy Proctor at (573) 751-8829. DMH will need an expense report from SAC members who accrue expenses on MHAD.

Geody Frazier suggested that a survey/evaluation of MHAD would be helpful. The SAC members agreed to the evaluation. An evaluation box will be located at the registration table and on the 3<sup>rd</sup> floor of the Capitol. MHAD bags will be distributed at the registration table.

# BLOCK GRANT INDICATORS

Vickie Epple, CPS Project Manager, distributed and presented an overview of the Profile of Adult Client by Employment Status and Living Situation Profile.

DMH realizes that these numbers are not adequate. The division is only measuring a consumer sample; numbers do not measure the entire population served. In the adult population, we serve 55 to 57 thousand people per year. We are currently implementing a new system, Customer Information Management, Outcomes, and Reporting (CIMOR), to track our consumers. CIMOR will be implemented on July 1<sup>st</sup>. CIMOR will require that the employment status and living arrangement of each consumer be completed each year.

#### **DIRECTOR'S REPORT**

Diane McFarland, CPS Division Director, discussed the FY 2007 Budget, Mental Health Transformation, and NAMI – Grading the States 2006.

## FY 2007 Budget

There are two significant changes in the budget, one is the residential rate increase for children's providers and the second is the Missouri Sexual Offenders Treatment Center's core budget. The new decision items were cut significantly in the House Budget Committee.

The following are additional budget requests for our Division:

<u>CPS Mental Health Trust Fund Authority</u> – This request is for State and Federal authority to allow Cape Girardeau County, Perry County, and St. Genevieve County Mental Health Boards to partner with the Division of CPS to improve service outreach and points of access for Community Psychiatric Rehabilitation Services to approximately 193 additional individuals. Local funds will be deposited into the Mental Health Trust Fund to pay the State's share for Medicaid-reimbursable services.

<u>Southwest Mo PRC – Certification</u> - Based upon a CMS (Center for Medicare & Medicaid Services) certification survey, additional positions are required to maintain certification to continue to qualify to bill Medicare and Medicaid. Federal authority is requested to fund these positions and related expense and equipment needs from anticipated collections from Medicare Part A and Medicaid inpatient billings. The 2.90 FTE for these positions will be reallocated from CPS administration in the core budget.

<u>Medical Assistance for Employed Disabled</u> – This item will provide funding to implement a program to provide medical assistance for employed persons with disabilities.

<u>MRDD In-Home Rate Increase</u> – This funding will provide an increase for direct care workers of in-home services.

# <u>Mental Health Transformation in Missouri</u> – Initiatives linked to New Freedom Commission Goals

The federal government is emphasizing the goals of the New Freedom Commission for transforming mental health systems. A handout was given that identifies the department's activities for each goal.

<u>GRADING THE STATES 2006: MISSOURI – NARRATIVE</u> (A report on America's Health Care System for Serious Mental Illness)

You can access the report on NAMI's website at <a href="http://www.nami.org/">http://www.nami.org/</a>. Missouri's overall grade was C-. Our lowest score was based on the Information Access of Consumer and Family Test Drive (CFTD).

Missouri needs to continue to study mortality among its service recipients, particularly in light of the cuts in Medicaid and services. Improving mortality data is consistent with DMH's record to date of confronting hard issues honestly, learning from them, and responding creatively. Transparency and accountability are essential to preserve the state's "show me" reputation.

Diane is looking at organizing a DMH, Missouri specific, CFTD, by telephone survey, to obtain information as to what people are experiencing and how they are trying to navigate our system. Diane is contemplating formation of a work group consisting of SAC members, Department Providers, and organizations such as NAMI, Mental Health Association, and others to discuss the findings. The objective is to redesign how we respond when someone calls, and to create a user friendly system.

STATEWIDE STAKEHOLDERS TASK FORCE (Rosie Anderson-Harper reported for Dora Cole) A copy of the Statewide Stakeholders Task Force on DMH Supported Housing was distributed. DMH/CPS would like to develop a Statewide Stakeholders Supported Community Living (SCL) Housing Task Force to provide a comprehensive view of the housing options for consumers. Dora is asking NAMI and two SAC members if they would be interested in volunteering to be consumer representatives. This will be at least a year long commitment. The meetings will take place in Jefferson City and also by teleconferences. This will be discussed at the next SAC meeting on April 27<sup>th</sup>.

# **BUSINESS MEETING**

## **APPROVAL OF MINUTES**

The February 2006 SAC minutes were unanimously approved and accepted as written, per corrections, by vote.

# COMMITTEE REPORTS

## **Consumer Conference Committee**

The Mental Health Awareness Day was discussed above.

## **Customer Service Committee**

Ruth Brandon will regroup and have discussions outside of the SAC meeting. The updates and goals will be discussed at the next SAC meeting.

#### **BLOCK GRANT**

Diane McFarland received a letter (in packet) from the Department of Health and Human Services (DHHS). The DHHS has cut the block grant. Our portion was cut \$163,350 from this fiscal year.

DHHS needs a response by March 31<sup>st</sup> of how we are going to modify our block grant based on the funding cut. Funds are being proportionally cut across the State contracted community providers. Rosie is working with Diane and Steve Reeves, our Fiscal Administrator, to figure out exact reduction amounts for each provider. It will also affect some suicide prevention dollars.

#### **MEMBERS REPORTS**

<u>Helen Minth</u> shared information pertaining to the City of St. Louis Mental Health Board of Trustees, resource for meeting the mental health/substance abuse prevention and treatment needs of St. Louisans by distributing to local service agencies grants funded by city tax dollars.

The St. Louis Empowerment Center's new address is 2345 Pine Street, St. Louis, MO 63103.

<u>Donna Lay</u> will be working with Rosie to draft a Block Grant modification cover letter to SAMHSA due by March 31<sup>st</sup>. The modification package will include a statement from the Mental Health Planning Council indicating that the Council was given opportunity to review the modifications. This statement will be signed by the Chair and include recommendations from the Council to the State.

	Karia Basta – March 8 <sup>th</sup> HUD released their supernova which this year has 38 different request for notice of funding availability. One of those is the continuum of care. DMH is working on 18 renewals this year.  Missouri Association for Social Welfare (MASW) conducted a survey on what is happening to individuals who have lost their Medicaid benefits. To access this	
	report go to <a href="www.masw.org">www.masw.org</a> website. Karia will have this report available at the Mental Health Awareness Day.  Julie Ousley – NEMT is not available for all Mental Health Services.	
	RFP's for the Managed Care Programs have been issued. The closing date was February 15 <sup>tth</sup> . The proposals are in the process of being evaluated. Contracts are expected to be awarded in the spring with an effective date of July 1, 2006. Northwest expansion RFP has a tentative release date of April 3 with an effective date of January 2007.	
	Missouri Division of Medical Services is in the process of transitioning the provider numbers over to one single number as many of the providers have multiple numbers. When their NPI comes back, they will only be able to have one number.	
AGENDA FOR NEXT SAC MEETING	<ul> <li>Dora Cole – Statewide Stakeholders SCL Housing Task Force</li> <li>Geody Frazier - Evaluation of MHAD</li> <li>Ruth Brandon – MNS Syndrome</li> </ul>	
ADJOURN	The full council meeting adjourned at 2:15 p.m.	NEXT SAC MEETING WILL BE HELD ON APRIL 27, 2006